

## Traveler's Table: Meatballs around the world

By Kate Parham



Traveling foodie Kate Parham offers a taste of how nine different cultures prepare meatballs and shares where to try each dish.

### **Shanghainese meatballs**

In Shanghai, pork meatballs are spiked with soy sauce before being steamed or boiled and added to soups or supersized for a dish called lion's heads (the meatball is served on a bed of rice alongside bok choy). At chef/co-owner Kathy Fang's San Francisco restaurant, [Fang](#), you'll find pork meatballs accented with fragrant ginger and scallions on skewers covered in a sweet pineapple glaze.