



GEMV

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The
Big
Fall
Food
Issue

Sexy chef Kathy Fang
defines wine country
fashion with her friends
Karen Caldwell, Kevin
Morrissey and
Erin Martin.



on the cover...

Our cover story highlights gorgeous chef and restaurateur **Kathy Fang** (House of Nanking and Fang Restaurant) who is joined by good friends notable San Francisco designer **Karen Caldwell**, winemaker **Kevin Morrisey** (Ehlers Estate), interior designer and master of art **Erin Martin**. With the breathtaking scenery and dreamy ambiance provided by Ehlers Estate, our featured personalities show us how fashion is very much alive and at its best in wine country.

Photography by Vincent Gotti
 HMUA Ozzie Mendoza
 Location Fang Restaurant



COVER STORY

defining wine country fashion

wine country elegance at its best...
 photography by carl simpson

kathy fang

born in San Francisco, Kathy was practically raised in a kitchen. As a young child, she split her time after school between her parents' wildly popular restaurant House of Nanking and her god grandparents' 15 seater restaurant down the street, eager to help out around the kitchen, she would do tasks like peeling shells off hard boiled eggs to make soya eggs or mixing the house dressing for cold tofu dishes. In middle school, Kathy started to cook her own meals, creating grocery lists for her parents to stock their fridge so she could make all the meals she planned for the week. Even at such a young age, Kathy had a passion for planning meals and creating her own dishes. Later, she would spend her summers during high school learning the family business: bussing tables, taking customer orders, and watching her dad cook and create impromptu new dishes at House of Nanking.

She moved to Los Angeles to attend the University of Southern California, studying Operations Management and Entrepreneurship. After working for Merrill Lynch and Johnson & Johnson, Kathy wanted to return to her passion and enrolled in Le Cordon Bleu culinary school. Upon completing her program, she moved back to San Francisco and partnered with her father to build a brand new business - Fang Restaurant. In 2009, Fang restaurant opened in San Francisco's vibrant SOMA district. As the general manager, Kathy expanded the restaurant into private events and catering.

Wanting to post recipes of off-menu items she made for customers at Fang and dishes she created during her free time, Kathy started her blog myfangalicious.com in 2010. Her specialty: Asian Fusion, influenced by all the cuisines she's experienced throughout her life. Exposure to different foods around the world has not only inspired her to experiment with different ingredients and spices, but also pushes her to creatively fuse different elements of various cuisines together to create something new and exciting. She hopes to share her love and passion for food with her customers at Fang and House of Nanking and with her readers through her blog.

"When people ask me how did I learn to cook and where did I train? I always tell them I've been training since I was a kid. I grew up in my father's restaurant, House of Nanking and watched him over the years. There I absorbed all his techniques and cooking philosophies. I however didn't stop my education there in the culinary arts. While I learned everything I could in cooking Chinese, I still felt like I needed to solidify my background by going to Culinary School. After finishing college at USC majoring in Business (Entrepreneurship and Operations Management) I went to Le Cordon Bleu. I then took everything I learned and partnered with my father to open Fang restaurant in 2009. I do everything from running private events, to creating our menu, recipe development, front of the house work, and cooking back in the kitchen. My passion is for food and it's a great job for me to be able to share it with others. This is what inspired me to not only open Fang but also start my own food blog myfangalicious.com in which I share all the recipes I create myself so that others can make it in their own home kitchen. I live eat and breath food and the restaurant business. And what's great is I'm feeling like I'm just getting started." ■



kathy's personal style

For day and at work I love to mix classic preppy looks with something fun hip and young. I wear bright colored rugby shirts, riding boots, colorful belts and frames all the time to help liven up an outfit. And everything must be super comfortable for me to move in so black leggings are my go to.

For a night out, I love to dress up. My evening look is always in dark shades of color. My requirement for comfort goes out the door with super high heels and tight dresses. I like to bring however a pop of color either through jewelry or my bag.

All in all, my style veers on classic looks paired young and hip touches.



defining wine country cocktail

Wine country cocktail should have old world glamour mixed with comfort and ease. I imagine, red lips with clean fresh face. Being in the "country" makes you think of the elements and nature. Things like wind, sun, and harvest come to mind, so dresses should have fluidity to it, as well as contain rich colors like green, blue, red, and magenta. It's something you feel beautiful in but also feel free and comfortable in.

the connection between food and fashion

Chefs like designers are artist who create products that consumers feel enticed by. Chefs create dishes that satisfies your tongue and designers create clothing that satisfies your eyes. We all look at things and find creative ways to put them together to recreate something else or to create something entirely new.

And just like how I approach food, I approach fashion the same way. I love taking classics and putting a fresh young spin to it both in clothing and with food. I'll take a caprese salad, which I love and turn it into an Asian Inspired Caprese substituting it with tofu for mozzarella, Thai basil for Italian basil, and sesame oil for olive oil. It's fun spin on a classic. I love riding boots and the whole equestrian look but sometimes I'll swap out the more classic look for a young fun look by substituting the leggings for red plaid wool skirt worn high-waisted and tuck in a vintage tee.

Visit her website myfangalicious.com

